President : Rtn. Mithilesh Thacker Hon. Secretary : Rtn. Kaushal Sheth Rotary Club of Bhavnagar

Phythm

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R. I. President : Rtn. Gordon R. McInally

Dist. Governor: Rtn. Nihir Dave

15th March 2024

Greetings

Rotary Rhythm wishes the Rotarians very healthy wealthy and prosperous Rotary time. Happy Birthday and Many Happy returns of the Day.

Birthday

Issue No. 12

8th March Rtn.Vora Hemant R
10th March Rtn. Ishan Modi
10th March CP Rtn. Anish H Vora
11th March Rtn. Rana Hardevsinh R
15th March PP Rtn. Sandeep M Shah
23rd March Rtn. Shah Piyush R
25th March Rtn Shah Naresh
26th March Rtn Thakkar Jatin B
28th March PP Rtn. Dr. Umang M Desai

29th March Rtn. Shah Chintan D *Marriage anniversary*

1st March Rtn. Jadeja Surendrasinh P 1st March PP. Rtn. Dr. Hitesh P Shah 6th March Rtn. Mukesh Trivedi 13th March Rtn. Devang N Shah 24th March PP Rtn. Ruhi Makda

Forth comings MEGA HOUSIE FELLOWSHIP

Let's enjoy the fellowship of Mega Housie with delicious food & a chance to win prizes on 17/03, Sunday at Rotary Hall...

Dinner: 7:30 pm to 8:30 pm Housie: 8:30 pm onwards Guest Charge: ₹250

Good Gesture

- We have received a CSR donation of ₹
 27,34,000/- from Par Drugs And
 Chemicals (company management)
 Limited for Rotary Amrutalay A Mothers
 Milk Bank. Kudos for a good gesture.
- We have received a donation of ₹30,000/from Rtn. Jatin Bhayani on the occasion of 3rd Birthday of his grandson Arsh Yash Bhayani to A Ray of Hope - Child Educare Project. Kudos for a good gesture.
- We have received a donation of ₹
 2,51,000/- from Bakulbhai Kirtibhai Vora
 (Gandhidham) on the Occation of Shreya
 & Shasvat anniversary (Rtn. Hemant Vora)
 to Rotary Karunalay A Hospice &
 Rehabilitation Center. Kudos for a good
 gesture.

Permanent Vaccination Center

On the birth anniversary of late Shri Devyaniben Harshadrai Shah all the paid vaccines at PVC were given at flat 25% discount to all the beneficiaries on 11/02/24, Sunday @ Rotary hall.





HUMF Protein Powder Project

Under the chairmanship of Rtn. Dr. AkashShridharani, Rotary Club of Bhavnagar distributed HUMF – An Ayurvedic Lactation Supplement to 32 lactating females on 18/02/24, Sunday. HUMF works as an Energy Booster which increases the Quality & Quantity of the Breast Milk & it also improves Immune System of Lactating females. The project was carried out at Sir Takhtasinhji General Hospital, Bhavnagar & along with the Rotary members, Rotary anns also contributed significantly in this project.











We meet every Friday at Rotary Service Centre, Ghogha Circle, Bhavnagar - Fellowship: 8.30 p.m.; Meeting: 9.00 p.m.

President: +91 9879547929 Hon. Secretary: +91 9879331999 Editor: +91 9426916325 ROTARY RATANJI & JIVANDAS CHARITABLE TRUST & ACRYSIL LTD. RAY OF HOPE - CHILD EDUCARE PROJECT

LIGHT THEIR PATH - SCHOOL BENCHES PROJECT

AMRUTTAM - WATER HARVESTING PROJECT

ROTARY PERMANENT VACCINATION CENTER

DR. RAMNIKLAL J. MEHTA ROTARY E-LIBRARY

ROTARY PAREKH DIAGNOSTICS

ROTARY KARUNALAY

Mega Blood Donation Camp

Rotary Club of Bhavnagar along with Rotaract Club of Bhavnagar Youth, Jito Bhavnagar Chapter & Jito Youth organized Mega Blood Donation Camp on 22/02/24, Thursday in collaboration with Bhavnagar Blood Bank & Indian Red Cross Society Bank at Rotary hall where 117 units of blood was collected.











Gift of Life CPR(Cardiopulmonary Resuscitation) Project

On the occasion of Rotary Day 23/February , Rotary Club of Bhavnagar had organized a project, Gift of Life - CPR (Cardiopulmonary Resuscitation) training session at Sir P.P. Institute of Science College where about 150 students were trained for safety and well-being of students and staff.











Project Asmita

Rotary India 's Biggest Daughter Empowerment Project. The 'Asmita Daughter Empowerment Project', initiated by the Rotary club of Bibwewadi in collaboration with CSR partner GTPL Hathway which is spread in five different states including Gujarat and with Rotary club of Bhavnagar.

In this phase 3 of the programme, we aim to Empowering College going Daughters. This project tries to cover up most necessary fields. In this workshop held on 29th Feb at Shantilal Shah Engineering College, Bhavnagar under the guidance of Rtn. Jasuben Pandya and Rtn. Dr. Neeraj Joshi along with Rotary members, Rotary anns and Rotractors, 70 daughters were given awareness. First was to create financial awareness among girls. They should know about shares, IPO, mutual funds, SIP and SWP schemes. They should also know dangers of falling for financial traps.

We also discussed mental health along with safely issues and self defence modes in most probable situations. Another idea was to make them tech-savvy. They should know AI, Digiyatra, Digilocker etc. Every topic was presented in videos which were in Hindi as well as in English. After each topic there was a quiz for participants and winners were rewarded.

Each participant were given:

- A handbook with all topics discussed.
- Branded paper spray.
- A bottle of multivitamin tablets (30 tablets).
- A whistle key chain.













Sewing Machine Project

Under RI District 3060, District project for Rotary Women Empowerment Project, Rotary Club of Bhavnagar handed over 10 sewing machines on 01/03/2024, Friday at Sishuvihar Vocational and life skills training center.



Rotary Cardiac Kit



રોટરી ક્લબ ઓફ ભાવનગર દ્વારા એક અદ્ભૂત પ્રોજેક્ટ રોટરી કાર્ડિયાક કીટ રોટરી ડિસ્ટ્રિક્ટ ૩૦૬૦ ના ડીસ્ટ્રીક ગવર્નર રો.નિહિરભાઈ દવેની ઉપસ્થિતિમાં લોન્ચ કરવામાં આવ્યો.

આ રોટરી કાર્ડિયાક કીટમાં ૩ દવાનો સમાવેશ છે.

- એસ્પીરીન ટેબલેટ ૩૨૫ mg
- કલોપીડોગ્રીલ ટેબલેટ- ૩૦૦ mg
- એટોર્વાસ્ટેટીન ટેબલેટ ૮૦ mg

કોઈપણ વ્યક્તિને છાતીમાં દુખાવો થાય અથવા ગભરામણ થાય કે હૃદયને લગતી તકલીફ લાગતી હોય તો તાત્કાલીક આ ત્રણ ગોળીઓ એકસાથે લઈ લેવી અને પછી તરત ડોકટરનો સંપર્ક કરવો. આપ આ કિટ તદ્દન ફ્રી રોટરી કરૂણાલય, ઘેવરીયા હોસ્પીટલ, પાનવાડી ચોક, ભાવનગર પરથી મેળવી શકશો. સમય : સવારે ૧૦:૦૦ થી સાંજે ૭:૦૦.

HUMF Protein Powder Project

Under the chairmanship of Rtn. Dr. Akash Shridharani, Rotary Club of Bhavnagar distributed HUMF — An Ayurvedic Lactation Supplement to 43 lactating females on 03/03/24, Sunday. HUMF works as an Energy Booster which increases the Quality & Quantity of the Breast Milk & it also improves Immune System of Lactating females.

The project was carried out at Sir Takhtasinhji General Hospital, Bhavnagar & along with the Rotary members, Rotary anns&Rotaractors also contributed significantly in this project.











MDRTB Nutrition Kit distribution for March (9th) Month

રોટરી ક્લબ ઓફ ભાવનગર, દ્વારા શહેરના ૨૫ MDRTB દર્દીઓને એક વર્ષ માટે દત્તક લઈ તેઓના કુપોષણ દુર કરવા દર મહિને રૂ. ૮૦૦/- કિંમતની પોષણ કીટ આપવાનું નક્કી કરેલ છે. જેના ભાગરૂપે તાઃ ૦૩/૦૩/૨૪, રવિવાર, બપોરે ૧૨ કલાકે રોટરી હોલ ઘોઘાસર્કલ ખાતે આરોગ્ય વિભાગ મ.ન.પા. તથા રોટરી ક્લબનાં સભ્યોની હાજરીમાં યોજાયો હતો. આ પ્રોજેક્ટ સફળ બનાવવા CSR પાર્ટનર અલંગ ઓટો અને જનરલ એન્જિનિયરિંગ કંપની પ્રાઇવેટ લિમિટેડનો સહયોગ પ્રાપ્ત થયો હતો.









Anandpradan - District Gift

Below is the list who will receive Anandpradan - District Gift.

Price of this beautiful gift is Rs. 1100/- per set & the fund collected through this gift will be used for upliftment of the society & needy people through various district projects.

Rotarians who wish to be a part of this noble cause can register their names along with no. of sets to President Rtn. Mithilesh Thacker (9879547929) or to Hon. Secretary Rtn. Kaushal Sheth (9879331999)

You can transfer online to the following account and share the details.

Bank Name: KOTAK MAHINDRA BANK A/c Name: ROCART FOUNDATION

A/c No.: 0546114544 IFSC CODE: KKBK0003038





warnes reg	istered for Anandprada
11 sets	Rtn. Ruhi Makda
10 sets	Rtn. Asif Khanbhai
05 sets	Rtn. Anand Thakkar
05 sets	Rtn. Rakesh Kanada
03 sets	Rtn. Viral Valia
02 sets	Rtn. Kumar Vora
02 sets	Rtn. Jitu Kamdar
02 sets	Rtn. Dhaval Sheth
01 set	Rtn. Mithilesh Thacker

01 set	Rtn. Kaushal Sheth
01 set	Rtn. Dr. Umang Desai
01 set	Rtn. Dr. Niraj Joshi
01 set	Rtn. Bhavesh S. Shah
01 set	Rtn. Mahipal Rana
01 set	Rtn. Parag Shah
01 set	Rtn. Jatin Bhayani
01 set	Rtn. Ketan Parekh
01 set	Rtn. Dipesh Patel
01 set	Rtn. Jigar Trivedi
01 set	Rtn. Jiten Shah
01 set	Rtn. Hemant Vora
01 set	Rtn. Kaushal Chapaneri
01 set	Rtn. Ramesh Modi
01 set	Rtn. Tarak Dholakia
01 set	Rtn. Ketan Dani
01 set	Rtn. Manish Kothari
01 set	Rtn. Nilay Parekh
01 set	Rtn. Piyush Shah

Rtn. Naresh Shah

Rtn. Jeet Vyas

Educational Trip on occasion of Women's Day

On the occasion of Women's Day, Rotary Club of Bhavnagar had arranged an Educational Trip to Regional Science Center - Nari for the students of Ambala School on 8th March Friday. This trip was arranged with the efforts of Dr. Girish Goswami (Regional Science Center) along with Rtn. Milan Mehta & Rtn. Viral Valia, where 54 students participated in the Awareness Program & other activities. Students were very much grateful for the opportunity to have visited Science Center & for the knowledge they gained during the time there.







MDRTB हर्हीओने પોષય કીટ વિતરણ

02 sets

01 set

રોટરી ડિસ્ટ્રિક્ટ ૩૦૬૦ અંતર્ગત અક્ષય પ્રોજેક્ટ જેમાં રોટરી ક્લબ ઓફ ભાવનગર શહેરના ૧૨૫ MDRTB દર્દીઓ ને તેઓ ના કુપોષણ દુરકરવા પોષણ કીટ આપવા માં આવેલ. જેના ભાગ રૂપે તાઃ ૧૨/૦૩/૨૪, મંગળવાર, બપોરે ૧૨ કલાકે રોટરી હોલ, ઘોઘાસર કલખાતે મ્યુનિસિપલ કમિશનર શ્રી એન. વી. ઉપાધ્યાય સાહેબ અને મેયર શ્રી ભરતભાઈ બારડ, શ્રી અભયભાઇ ચૌહાણ તથા આરોગ્ય વિભાગ, મ. ન. પા. ના સભ્યો તથા રોટરી ક્લબ ઓફ ભાવનગર ના સેક્રેટરી રો. કૌશલ શેઠ, વાઇસ પ્રેસિડેન્ટ રો. વિરલ વળીયા, તથા રોટરી ક્લબ ના સભ્યોની હાજરીમાં યોજાયો. આપ્રોજેક્ટ સફળ બનાવવા CSR પાર્ટનર અલંગ ઓટો અને જનરલ એન્જિનિયરિંગ કંપની પ્રાઇવેટ લિમિટેડ નો સહયોગ પ્રાપ્ત થયો હતો.



Sad Demise

Rtn. Pratik Patel's father Shri Narendrabhai Patel (62 years) passed away on 2nd March 2024. May his soul rest in peace.

D.G. Visit

It was our privilege to have DG Rtn. Nihir Dave in our club his Official Club Visit. It was a Full Day OCV & he visited various projects, had meeting with President, Secretary, President Elect, President Nominee, Board of Directors, Committee members & Past Presidents. And in the eveni we had a regular club meeting where he appreciated & g the club for our projects & activities. Also we launched a project "Rotary Cardiac Kit" during the Club Meeting.











Rotary Box Cricket

The most unique fellowship, Rotary Box Cricket was held at Streat Adda. Total 10 teams were made & each team ha Rotarians, Anns & Annets. Rotary family members enjoy playing as well as delicious dinner.







